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Occupational Disease Surveillance: Carpal Tunnel Syndrome

Manifestations of carpal tunnel syndrome (CTS) (see box, page 486) include pain, numbness, and weakness in the median nerve distribution of the hand as a result of compression or irritation of the median nerve as it passes through the carpal tunnel in the wrist (3). Without intervention, CTS can lead to marked discomfort, impaired hand function, and disability. Workers who perform repetitive tasks are at risk for CTS and include garment workers, butchers, grocery checkers, electronics assembly workers, typists, musicians, packers, housekeepers/cooks, and carpenters (4,5). However, no reliable data exist on the frequency of work-related CTS in the general working population. Surveillance of work-related CTS is limited because of inadequate training of health professionals (6) and underreporting of recognized cases (7). In addition, standard definitions for work-related musculoskeletal injuries are necessary to improve surveillance (8).

In early 1988, the California Occupational Health Program (COHP) surveyed health-care practitioners to measure the occurrence of this condition in Santa Clara County (1987 population, 1.4 million), which has a variety of service and manufacturing industries, and to compare these studies with cases actually reported to the state. The survey was conducted as part of the Sentinel Event Notification System for Occupational Risks (SENSOR) program—a collaborative effort involving the National Institute for Occupational Safety and Health (NIOSH), of CDC, and 10 state health departments—which is intended to improve occupational disease surveillance at the state and local levels.

COHP staff identified 1698 Santa Clara County health-care providers who practiced in specialties and settings considered to be relevant to the care of CTS patients. Practitioners were administered questionnaires by either telephone or mail. Of 515 (30%) providers who responded, 489 (95%) reported caring for a total of 7214 CTS patients in 1987. Of these, responding providers believed 3413 (47%) cases may have been work-related. Work-related cases were seen by 377 providers in various settings, including internal medicine, industrial/occupational medicine, chiropractic, and physical therapy (Table 1).

SURVEILLANCE CASE DEFINITION FOR WORK-RELATED CARPAL TUNNEL SYNDROME (CTS)

- A. One or more of the following symptoms suggestive of CTS is present*: paresthesias, hypoesthesia, pain, or numbness affecting at least part of the median nerve distribution[†] of the hand(s).
- B. Objective findings consistent with CTS are present in the affected hand(s) and wrist(s):

EITHER

 Physical examination findings—Tinel's sign[§] present or positive Phalen's test[§] or diminished or absent sensation to pin prick in the median nerve distribution of the hand.

OR

- Electrodiagnostic findings indicative of median nerve dysfunction across the carpal tunnel.**
- C. Evidence of work-relatedness—a history of a job involving *one or more* of the following activities before the development of symptoms^{††}:
 - Frequent, repetitive use of the same or similar movements of the hand or wrist on the affected side(s).
 - Regular tasks requiring the generation of high force by the hand on the affected side(s).
 - Regular or sustained tasks requiring awkward hand positions on the affected side(s).^{§§}
 - 4. Regular use of vibrating hand-held tools.
 - Frequent or prolonged pressure over the wrist or base of the palm on the affected side(s).

^{*}Symptoms should have lasted at least 1 week or, if intermittent, have occurred on multiple occasions. Other causes of hand numbness or paresthesias, such as cervical radiculopathy, thoracic outlet syndrome, and pronator teres syndrome, should be excluded by appropriate clinical evaluation (1).

[†]Generally includes palmar side of thumb, index finger, middle finger, and radial half of ring finger; dorsal (back) side of same digits distal to PIP joint; and radial half of palm. Pain and paresthesias may radiate proximally into the arm.

[§]Paresthesias are elicited or accentuated by gentle percussion over the carpal tunnel.

¹Paresthesias are elicited or accentuated by maximal passive flexion of the wrist for one minute.

^{**}Criteria for abnormal electrodiagnostic findings are generally determined by the individual laboratories (see, for example, references 1 and 2).

^{††}A temporal relationship of symptoms to work or an association with cases of CTS in co-workers performing similar tasks is also evidence of work-relatedness.

⁵⁵Awkward hand positions predisposing to CTS include the use of a pinch grip (as when holding a pencil), extreme flexion, extension, or ulnar deviation of the wrist, and use of the fingers with the wrist flexed.

Carpal Tunnel Syndrome - Continued

In contrast to these figures, 71 cases of work-related CTS were reported in 1986 from Santa Clara County under the California Doctor's First Report program, which requires that physicians report all cases of suspected occupational injury or illness to the state. Even though the Santa Clara County provider survey may have counted some CTS cases more than once, the low overall response rate (30%) suggests that the number of reported work-related cases may be an underestimation of the annual occurrence of CTS in the county. The data also indicate that work-related CTS is greatly underreported to the Doctor's First Report program.

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Editorial Note: Work-related CTS is a cumulative trauma disorder (4) caused by job tasks that subject the hand and wrist to certain biomechanical stresses, including 1) repetitive movements of the hand, 2) forceful grasping or pinching of tools or other objects, 3) awkward positions of the hand and wrist, 4) direct pressure over the carpal tunnel, and 5) use of vibrating hand-held tools (5). Because repetitive hand movements are required in many service and industrial occupations, new high-risk groups for CTS and other cumulative trauma disorders continue to be identified. Nonoccupational factors associated with CTS include diabetes mellitus, rheumatoid arthritis, and pregnancy (5); patients with nonoccupational risk factors are also at risk for work-related CTS.

The diagnosis is confirmed by physical examination or electrodiagnostic studies (5). Other conditions that produce similar symptoms should be excluded by appropriate clinical evaluation. Even though CTS can often be managed with conservative measures (e.g., wrist immobilization and nonsteroidal anti-inflammatory medications

TABLE 1. Reported carpal tunnel syndrome (CTS) cases, by health-care providers — Santa Clara County, California, 1988

	No. providers reporting	No. CTS cases	Work-related CTS cases			
Specialty	CTS cases	reported	No.	(%)		
Chiropractic	95	1659	759	(46)		
Neurology	22	1032	515	(50)		
Internal medicine	116	1352	413	(31)		
Family practice	65	627	346	(55)		
Hand surgery	6	378	315	(83)		
Industrial/						
Occupational medicine	11	300	281	(94)		
Orthopedics	39	592	272	(46)		
Other	92	588	190	(32)		
Physical therapy	19	199	169	(85)		
Rheumatology	12	384	107	(28)		
Rehabilitation medicine	2	50	25	(50)		
Emergency services	10	53	21	(40)		
Total	489	7214	3413	(47)		

Carpal Tunnel Syndrome — Continued

[4]), recognition of work-related CTS is important, since without job redesign or reassignment, symptoms are likely to recur when the patient resumes the precipitating tasks (4). For all patients with symptoms suggestive of CTS, an occupational history should be obtained that includes a description of tasks involving use of the hands. Failure to eliminate contributory job factors can result in recurrence or progression of symptoms, impaired use of the hand, and the need for surgical treatment. Redesign of tools, workstations, and job tasks can prevent occurrence of CTS among co-workers (4). Surveillance of work-related CTS, including the use of health-care—provider reports, can aid in identifying high-risk workplaces, occupations, and industries and in directing appropriate preventive measures.

The COHP survey indicates that although work-related CTS was commonly recognized by health-care providers, it was substantially underreported. Even though more than half the states have reporting programs for occupational illnesses (9), underreporting is common (7).

The SENSOR program aims to help state health departments increase both health-care—provider reporting of work-related illness and prevention efforts. To facilitate these provider-based surveillance activities and to enhance uniformity of reporting in the states, NIOSH will periodically disseminate recommended surveillance case definitions for selected occupational diseases and injuries. Because these definitions are designed for surveillance-related functions, they may differ from those used for other purposes, such as determining workers' compensation or level of disability.

The surveillance case definition for work-related CTS* (criteria A, B, and C, see box) is recommended for surveillance of work-related CTS by state health departments receiving reports of cases from physicians and other health-care providers. In certain settings, such as workplace surveys, a case definition consisting of criteria A and C can be used.

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^{*}This definition was reviewed and approved by a panel of consultants convened by NIOSH that comprise the Surveillance Subcommittee of the NIOSH Board of Scientific Counselors: H Anderson, MD, Wisconsin Department of Health and Social Services; M Cullen, MD, Yale University School of Medicine; E Eisen, ScD, Harvard School of Public Health; R Feldman, MD, Boston University School of Medicine; J Hughes, MD, University of California, San Francisco; MJ, Jacobs, MD, University of California, Berkeley; K Kriess, MD, National Jewish Center for Immunology and Respiratory Medicine; J Melius, MD, New York State Department of Health; J Peters, MD, University of Southern California School of Medicine; D Wegman, MD, University of Lowell.

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Counseling and Testing Intravenous-Drug Users for HIV Infection — Boston

Despite the increased risk for human immunodeficiency virus (HIV) infection among intravenous-drug users (IVDUs), many IVDUs have not been counseled and tested for HIV infection. In the Boston metropolitan area, which has an estimated 14,000 IVDUs, only 473 persons who identified themselves as IVDUs were tested for HIV antibody at anonymous counseling and testing sites and sexually transmitted disease (STD) clinics in 1988. To increase counseling and HIV testing of IVDUs in the Boston area, Project TRUST (Teaching, Referral, Understanding, Support, and Testing) was established at Boston City Hospital in November 1987 in collaboration with the City of Boston's Department of Health and Hospitals, the Division of Drug Rehabilitation of the Massachusetts Department of Public Health (MDPH), and the Massachusetts Center for Disease Control, MDPH.

Project TRUST staff includes nurses, counselors, and outreach workers (some of whom are recovering IVDUs). Services are provided without charge in a setting intended to attract IVDUs. Project TRUST is located in a neighborhood with a visible drug-user presence and is promoted among IVDUs by pamphlets and word of mouth.

Project TRUST offers anonymous testing for HIV antibody after counseling about HIV prevention and the advantages/disadvantages of the test. The use of bleach to disinfect needles and use of condoms to reduce sexual transmission of HIV are described, and supplies of each are provided free of charge. Pregnancy testing, the Mantoux skin test for tuberculosis, and selected additional services are also available on-site. Referrals are made for drug and alcohol treatment, social services, and medical evaluation. Social support groups for HIV-seropositive English- and Spanish-speaking clients meet on-site.

During its first year of operation, Project TRUST offered counseling and HIV testing to 688 clients. Of the 635 (92%) who were voluntarily tested for HIV antibody, 107 (17%) tested positive (Table 1, page 495). Seropositivity was greater in black and Hispanic clients and in current IVDUs than in white clients and former IVDUs, respectively; sex partners of IVDUs had a lower seroprevalence than did IVDUs themselves (Table 1, Figure 1, page 495).

Of the 635 clients tested, 503 (79%) returned to Project TRUST to receive HIV-antibody test results and counseling (Table 1). The proportion returning did not vary substantially by sex, race/ethnicity, or risk behavior group.

Excluding laboratory testing (which was funded separately), expenditures for personnel, overhead, and supplies for the first year of operation of Project TRUST were \$174,120, or \$253 per client served.

Project TRUST also includes outreach to high-risk neighborhoods, hospital inpatients, and patients in chronic-care facilities. These outreach programs include education sessions about drug addiction, HIV infection, and healthy lifestyles conducted in schools, drug and alcohol detoxification programs, and STD clinics. Specific

Project TRUST - Continued

efforts are made to provide referrals to and information about other community resources, and psychologic support for hospitalized persons with HIV infection is provided.

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Editorial Note: The effectiveness of AIDS prevention efforts in many states and urban areas depends greatly on interrupting the chain of HIV transmission among IVDUs, their sex partners, and their children. In 1988, 33.3% of U.S. AIDS cases and 27.8% in Massachusetts were associated with IV-drug use (1).

Features that may contribute to the acceptance of Project TRUST in Boston are the range of free services available without appointment, the presence of former IVDUs on the staff, and anonymity (i.e., clients are given a code rather than registered by

(Continued on page 495)

TABLE I. Summary - cases of specified notifiable diseases, United States

	28	th Week End	ing	Cumulati	ve, 28th We	ek Ending
Disease	July 15,	July 16,	Median	July 15,	July 16,	Median
	1989	1988	1984-1988	1989	1988	1984-1988
Acquired Immunodeficiency Syndrome (AIDS) Aseptic meningitis Encephalitis: Primary (arthropod-borne	1,274	U*	277	18,586	16,703	6,657
	146	114	235	2,614	2,510	2,570
& unspec)	14	11	26	324	397	464
Post-infectious	3	5	4	49	68	68
Gonorrhea: Civilian	11,643	13,906	14,599	347,390	358,918	427,301
Military	164	295	318	5,883	6,575	8,790
Hepatitis: Type A Type B	664	402	402	18,058	13,124	11,719
	459	430	499	11,974	11,841	13,358
Non A, Non B	51	40	62	1,255	1,406	1,912
Unspecified	36	31	62	1,327	1,135	2,513
Legionellosis Leprosy	33 7 39	21 4 25	16 4 25	472 86 597	502 94 415	365 126 452
Malaria Measles: Total [†] Indigenous	238 230	25 44 40	86 84	8,028 7,660	1,631 1,459	2,025 1,788
Imported Meningococcal infections	8 40	4	4 43	368 1,689	172 1,845	230 1,745
Mumps Pertusis	89 58	43 63 41	63 41	3,242 1,237	3,109 1,209	2,694 1,086
Rubella (German measles)	26	8	10	265	129	335
Syphilis (Primary & Secondary): Civilian	784	556	520	21,358	20,119	14,788
Military Toxic Shock syndrome	3	1	1	140	92	95
	6	6	8	196	174	188
Tuberculosis Tularemia	365 9 8	397 6 11	397 6 5	11,141 60 228	10,762 96 194	11,102 92 167
Typhoid Fever Typhus fever, tick-borne (RMSF) Rabies, animal	31	42	30	238	256	293
	106	95	78	2,534	2,261	2,699

TABLE II. Notifiable diseases of low frequency, United States

	Cum. 1989		Cum. 1989
Anthrax Botulism: Foodborne Infant Other Brucellosis (NYC 1, Tex. 3, Calif. 1) Cholera Congenital rubella syndrome Congenital syphilis, ages < 1 year Diphtheria	14 7 5 46 - 1 81	Leptospirosis Plague (N. Mex. 1, Colo. 1) Poliomyelitis, Paralytic Psittacosis (Wisc. 3) Rabies, human Tetanus (Mo. 1) Trichinosis (NYC 1)	57 3 - 53 1 28 14

^{*}Because AIDS cases are not received weekly from all reporting areas, comparison of weekly figures may be misleading.

*Seven of the 238 reported cases for this week were imported from a foreign country or can be directly traceable to a known internationally imported case within two generations.

TABLE III. Cases of specified notifiable diseases, United States, weeks ending July 15, 1989 and July 16, 1988 (28th Week)

	1		Encep		Γ				Viral), by	tune	r	
Reporting Area	AIDS	Aseptic Menin- gitis	Primary	Post-in- fectious	Gond (Civ	rrhea ilian)	A	B	NA,NB	Unspeci- fied	Legionel- losis	Leprosy
	Cum. 1989	Cum. 1989	Cum. 1989	Cum. 1989	Cum. 1989	Cum. 1988	Cum. 1989	Cum. 1989	Cum. 1989	Cum. 1989	Cum. 1989	Cum. 1989
UNITED STATES	18,586	2,614	324	49	347,390	358,918	18,058	11,974	1,255	1,327	472	86
NEW ENGLAND	807	120	12	2	9,916	10,741	381	589	50	55	33	5
Maine N.H.	41 28	8 14	5 -	-	152 73	221 137	8 36	22 33	3 8	1 4	5	-
Vt. Mass.	8 446	8 37	1	-	36 3,793	77	25	42 355	5	-	-	-
R.I.	41	27		2	3,793 710	3,673 993	113 24	43	23 3	38 3	21 7	3 1
Conn.	243	26	2	•	5,152	5,640	175	94	8	9	-	1
MID. ATLANTIC Upstate N.Y.	5,066 558	283 123	48 15	5 4	45,011 7,916	57,274 6.944	2,205 517	1,850 370	108 46	181 6	118 38	10 1
N.Y. City N.J.	2,577 1,269	52	2	1	20,647	26,303	198 235	695 344	20	152	12	Ż
Pa.	662	108	31 -	-	7,339 9,109	8,010 16,017	1,255	344 441	11 31	5 18	22 46	1 1
E.N. CENTRAL	1,518	368	94	2	61,407	57,013	984	1,472	134	49	121	3
Ohio Ind.	258 250	79 61	24 21	1	15,901 4,838	13,246 4,489	219 82	306 233	24 19	11 16	67 20	1
III.	689	70	20	1	19,439	16,188	437	354	37	13	10	ż
Mich. Wis.	253 68	136 22	23 6	-	16,539 4,690	18,033 5,057	168 78	362 217	35 19	9	18 6	-
W.N. CENTRAL	417	106	14	3	16,524	14,584	638	505	51	13	25	1
Minn. lowa	93 35	5 19	- 3	1	1,718 1,387	1,987 1,091	57 50	55 22	10 9	3	2 5	-
Mo.	193	36	-	-	9,885	8,233	342	354	19	5	10	-
N. Dak. S. Dak.	3	4 6	1 3	-	68 141	96 288	4 5	16 6	3 4	1	1	-
Nebr.	16	6	3	-	873	860	55	14	-	2	2	1
Kans.	73	30	4	2	2,452	2,029	125	38	6	2	4	-
S. ATLANTIC Del.	3,897 55	535 14	48 1	19 -	97,951 1,590	101,861 1,502	1,543 26	2,312 79	184 5	189 2	63 6	1
Md. D.C.	415 314	68 6	11	2	10,658 6,505	10,415 7,524	387 2	408 15	17 2	20	15	-
Va.	237	75	22	-	8,145	7,134	171	151	30	122	3	-
W. Va. N.C.	25 278	6 69	7 2	1	740 14,821	743 14,635	11 246	48 555	5 51	3	20	1
S.C.	199	12	-	-	8,848	7,667	30	319	3	7	3	-
Ga. Fla.	565 1,809	50 235	1 4	16	18,881 27,763	19,549 32,692	176 494	241 496	9 62	6 29	7 9	-
E.S. CENTRAL	411	261	17	1	28,281	27,851	215	878	90	3	18	-
Ky. Tenn.	63 147	63 42	6	1	2,741 9,409	2,684 9,320	66 86	240 473	27 20	2	3 10	-
Ala.	113	111	11	-	8,817	8,857	42	114	39	1	5	-
Miss.	88	45		-	7,314	6,990	21	51	4	-	-	-
W.S. CENTRAL Ark.	1,680 47	329 10	37 2	2	37,407 3,935	40,362 3,895	2,133 124	1,208 42	87 6	318 5	27 1	13
La. Okla.	251 91	22 29	6 8	-	7,689 3,199	8,329 3,675	159 217	204 119	9 18	1 18	4 18	-
Tex.	1,291	268	21	2	22,584	24,463	1,633	843	54	294	4	13
MOUNTAIN	629	91	7	2	7,601	7,811	2,510	730	128	96	26	2
Mont. Idaho	10 14	3	-	1	108 103	239 212	32 88	27 58	3 8	2 2	2	1
Wyo. Colo.	12 227	2 42	1	1	51 1,635	129	23	4 106	2 40	-	-	-
N. Mex.	53	6	1		751	1,795 723	317 329	106	25	40 2	3 2	-
Ariz. Utah	164 38	27 9	2 1	-	2,839 230	2,752 311	1,287 216	249 57	27 14	42 4	9 6	1
Nev.	111	2	ż	-	1,884	1,650	218	123	9	4	4	-
PACIFIC Wash	4,161 309	521	47 2	13 1	43,292	41,421	7,449	2,430	423	423	41	51
wasn. Oreg.	138	-	-	-	3,280 1,627	3,679 1,680	1,762 1,306	521 264	123 45	31 8	12 1	5 1
Calif. Alaska	3,643 8	492 5	40 4	12	37,612 507	35,100 602	3,814 448	1,559 33	245 5	374	25	41
Hawaii	63	24	ī	-	266	360	119	53	5	3 7	1 2	4
Guam	1	-	-	:		83	-	-			-	-
P.R. V.I.	783 22	56	2	1 -	572 353	778 218	98	126 4	13	13	-	8
Amer. Samos C.N.M.I.		-	-	-	•	58 33	-	-	-	-	-	-
C.14.1VI.1.		·	-	·		33	-	-	•	-	-	-

TABLE III. (Cont'd.) Cases of specified notifiable diseases, United States, weeks ending

Measles (Rubeola) Menin-																	
	Malaria	India	Meas			Total	gococcal	Mu	mps	1	Pertussi			Rubella			
Reporting Area	Cum. 1989	1989	Cum. 1989	1989	Cum. 1989	Cum. 1988	Cum. 1989	1989	Cum. 1989	1989	Cum. 1989	Cum. 1988	1989	Cum. 1989	Cum. 1988		
UNITED STATES	597	230	7,660	8	368	1,631	1,689	89	3,242	58	1,237	1,209	26	265	129		
NEW ENGLAND	36	2	217	-	21	105	118	-	62	-	226	149	-	6	1		
Maine N.H.	2	:	8	-	:	7 87	13 15	:	10	:	4 5	11 29	:	4	_		
Vt.	1	-	1	-	-	-	6	-	-	•	6	2		1	-		
Mass.	22 6	2	26 38	:	16 3	1	57 1	•	45	-	194 8	96 2	:	1	1		
R.I. Conn.	5	-	144	:	2	10	26		7	-	9	9	•	•	:		
MID. ATLANTIC	97	35	547	-	158	552	243	10	183	4	68	59	8	20	11		
Upstate N.Y.	18	:	40	•	94	18	81	8	114	3	38 2	38	3 5	7 13	2 6		
N.Y. City	33 23	6	52 279	-	14	41 14	29 51	:	16 11	:	14	1		-	1		
N.J. Pa.	23	29	176	-	50	479	82	2	42	1	14	16	-	-	2		
E.N. CENTRAL	45	-	1,383	-	52	171	206	1	281	1	104	153	-	18	22		
Ohio	8	-	626	-	35	23	79	•	8	-	1	25	:	3	-		
Ind.	5 19		33 592	-	-	56 68	22 58	:	18 124	:	8 45	52 22	:	13	18		
III. Mich.	19 8	-	592 8	-	6	22	34	1	102	1	25	21		1	4		
Wis.	5	•	124	-	11	2	13	-	29	•	25	33	•	1	-		
W.N. CENTRAL	17	25	481	-	4	11	54	2	352	1	37	61	•	4	-		
Minn.	6	-	4	•	1	10	10	2	1 24	-	7 10	16 16	:	-	-		
lowa Mo.	2 4	-	237	-	- '-	1	19	-	47	-	15	13	•	3	-		
N. Dak.	1	•	-	-	-	-		•	-	-	-	10	:	:	-		
S. Dak.	1	-	108	-	2	-	6 11	-	5	i	1	2	•	-	-		
Nebr. Kans.	2	25	132	-	1	-	6	-	275	-	1	4	-	1	-		
S. ATLANTIC	101	_	376		27	253	280	20	553	6	95	126	-	7	15		
Del.	3	-	58	-	1	-	2	-	_ 1	-	1	3		2	-		
Md.	18 4	-	35 7	-	15 3	8	48 13	12	333 77	-	10	26	:	-	-		
D.C. Va.	16		18		3	143	28		65	-	6	16	-	-	11		
W. Va.	2	-	28	-	-	6	10	1	10	3	15	3	:	i	-		
N.C.	14 3	-	167	-	-	1	42 15	2 1	19 18	-	20	33 1	:	:	-		
S.C. Ga.	6	-	:	-	-		52	4	11	3	13	20	•	:	1		
Fla.	35	-	63	-	5	95	70	-	19	-	30	24	•	4	3		
E.S. CENTRAL	7	48	159	-	-	61	51	5	104	9	52	24		2	-		
Ky.	1	10 38	20 95	-	-	32	31 3	4	9 32	6	1 15	12		2	-		
Tenn. Ala.	4	-	44	-	-	-	14	1	14	3	34	10	•	-	-		
Miss.	2	-	-	-	-	29	3	N	N	•	2	2	•		-		
W.S. CENTRAL	32	72	2,914	2	40	14	118	36	1,201	12	87	72 7	14	36	6 2		
Ark.	2		6	:	2	1	6 26	4 30	122 480	1	12 6	11	:	5	-		
La. Okla.	4		108		-	8	13	-	165	-	14	27		1	1		
Tex.	26	72	2,800	2†	38	5	73	2	434	10	55	27	14	30	3		
MOUNTAIN	16	42	291	-	19	117	44	2	114	12 7	390 17	340	•	31 1	5		
Mont.	1	-	12	-	1 2	2 1	1 2	:	2 9	2	50	248		28	-		
ldaho Wyo.	2 1	:		-	-		-		7	-	-	1	-	1	-		
Colo.	2	-	59	-	.1	114	18	2	18	-	19 6	13 6	•	:	1		
N. Mex.	1	37	16 109	-	15	•	19	N	N 71	i	286	48		-	-		
Ariz. Utah	6	3/ 5	109 95	:	:	-	4	-	3	ż	11	22	-	i	3		
Nev.	3	-	•	•	•	-	-	•	4	•	1	1	•		1		
PACIFIC	246	6	1,292	6	47	347	575	13	392	13	178	225 47	4	141	69		
Wash.	20	-	20	3†	12 15	2	60 40	4 N	28 N	10 1	58 7	9	-	2	-		
Oreg. Calif.	12 207	4	1,254	-	12	334	470	9	353	ż	109	117	3	116	50		
Alaska	3	-	-	-	-	-	4	•	1	-	4	6 46	1	23	19		
Hawaii	4	2	18	315	8	8	1	-	10	•	4	40	Ü		1		
Guam	:	U	414	U	-	1 189	4	U	8	U 1	4	9		6	i		
P.R. V.I.	1 -	Ū	414 4	Ū	:	189	-	Ū	11	U	•		U	•	-		
Amer. Samoa	•	U	-	U	-	-	•	U	-	Ų	•	-	U	:	-		
C.N.M.I.	_	U	-	U	-	-	-	U	-	U	-	-	J	-	-		

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TABLE III. (Cont'd.) Cases of specified notifiable diseases, United States, weeks ending July 15, 1989 and July 16, 1988 (28th Week)

Reporting Area	Syphilis (Primary 8	(Civilian) Secondary)	Toxic- shock Syndrome	Tuber	culosis	Tula- remia	Typhoid Fever	Typhus Fever (Tick-borne) (RMSF)	Rabies Anima
	Cum. 1989	Cum. 1988	Cum. 1989	Cum. 1989	Cum. 1988	Cum. 1989	Cum. 1989	Cum. 1989	Cum. 1989
UNITED STATES	21,358	20,119	196	11,141	10,762	60	228	238	2,534
NEW ENGLAND	879	569	7	286	258	-	18	3	3
Maine N.H.	5	8	3	3	16	-	-	-	1
Vt.	3	6 2	:	16 4	6 2	-		-	-
Mass.	268	220	1	143	149	-	9	1	1
R.I. Conn.	15 588	17 316	3	37 83	24 61	-	5 4	1 1	1
MID. ATLANTIC	3,923	4.042	30	2,092	2,060	2	59	24	340
Upstate N.Y.	454	269	5	180	284	ī	6	6	9
N.Y. City	2,030	2,579	2	1,187	1,023	-	38	3	-
N.J. Pa.	709 730	459 735	8 15	347 378	382 371	1	9 6	10 5	331
E.N. CENTRAL	973	606	29	1,202	1,192	3	23	36	60
Ohio	67	61	25 7	219	232	-	4	19	2
Ind.	33	34	5	105	124	1	1	12	2
III. Mich.	407	281	5	528	495	:	14	4	14
Wis.	334 132	194 36	12	284 66	284 57	1 1	3 1	1	6 36
W.N. CENTRAL	179	122	25	273	280	24	5	38	375
Minn.	1/9	122	25 7	53	44	- 24	1	36	62
lowa	21	14	4	28	22	-	2	1	110
Mo.	93	72	4	121	139	14	1	34	25
N. Dak. S. Dak.	1	2	3	9 14	9 21	6	-	i	29 55
Nebr.	17	19	5	11	9		-	:	60
Kans.	28	6	2	37	36	4	1	2	34
S. ATLANTIC	7,886	7,285	19	2,304	2,316	2	20	62	772
Del.	86	65		22	20	-	2	<u>:</u>	16
Md. D.C.	404	398 348	1	197 91	233	-	4 2	7	219 2
Va.	499 295	229	4	197	96 219	2	3	3	145
W. Va.	9	7	-	40	44	-	-	1	34
N.C.	508	409	6	273	205	•	2	32	3
S.C. Ga.	431 1,651	360 1,196	3 3	266 349	261 372	:	2	10 7	123 130
Fla.	4,003	4,273	ĭ	869	866	-	5	2	100
E.S. CENTRAL	1,405	1,041	4	928	893	5	1	25	216
<u>K</u> y.	31	36	1	221	219	1	1	.7	95
Tenn. Ala.	603 441	446 302	1 2	265 262	255 271	3		16 2	55 65
Miss.	330	257	-	180	148	1			1
W.S. CENTRAL	2,946	2,279	19	1,324	1,382	16	9	33	380
Ark.	190	123	1	138	148	8	-	10	51
∟a. Okla.	690	442		168	180		1		3
Jkia. Tex.	51 2,015	83 1,631	11 7	113 905	130 924	8	1 7	22 1	59 267
MOUNTAIN	417	379	24	233	279	5	4	15	130
Mont.	71/	2	-	8	5		•	10	51
daho	1	2	2	9	11	-	-	1	
Nyo. Colo.	3 52	1 62	2 4	12	.1 43	2		1	39
N. Mex.	17	25	2	12 43	43 55	1	1	3	7 15
Ariz.	118	99	9	112	126	-	2	-	15
Jtah	11	11	3	24	10	2	1	-	2
Nev.	214	177	2	25	28	•	•	•	1
PACIFIC Nash.	2,750	3,796	39	2,499	2,102	3	89	2	258
vasn. Dreg.	136 137	122 157	2	121 76	122 78	i	5 5	1	-
Calif.	2,467	3,488	36	2,191	1,789	ż	77	i	197
Alaska	3	8	-	24	24	-	•	-	61
Hawaii -	7	21	1	87	89	•	2	•	-
Guam	-	3	-		11	-	•	-	
P.R. /.l.	290 2	340 1	:	151 4	105 4	-		•	35
Amer. Samoa	-	-	:	-	3		:	-	-
C.N.M.I.	-	1	•		16		-	-	-

TABLE IV. Deaths in 121 U.S. cities,* week ending July 15 1989 (28th Week)

	July 15, 1989 (28th Week)														
		All Ca	uses, B	y Age (Years		P&I**			All Cau	ıses, B	y Age	(Years)		P&I**
Reporting Area	All Ages	≥65	45-64	25-44	1-24	<1	Total	Reporting Area	All Ages	≥65	45-64	25-44	1-24	<1	Total
NEW ENGLAND	602	416	103	38	22	23	55	S. ATLANTIC	1,193	680	290	142	45	35	53
Boston, Mass. Bridgeport, Conn.	162 44	101 33	27 10	15	8	11	29 4	Atlanta, Ga.	170	82	42	31	9 2	6	5
Cambridge, Mass.	21	17	. 3	1	-		2	Baltimore, Md. Charlotte, N.C.	124 113	63 72	33 28	19 5		7	3 7
Fall River, Mass.	22	18	2	2			-	Jacksonville, Fla.	111	61	31	10	8 7	2	8
Hartford, Conn. Lowell, Mass.	86 23	53 17	18 4	7	4	4	6	Miami, Fla. Norfolk, Va.	110 60	57 39	30 14	20 5	1 2	2	1 2
Lynn, Mass.	8	5	1	1	1	-	-	Richmond, Va.	90	50	23	7	3	7	9
New Bedford, Mass.	21	15 29	3	2	1	•		Savannah, Ga.	41	30	8	2	1	-	6
New Haven, Conn. Providence, R.I.	42 38	29 27	5 6	4	4	3	4	St. Petersburg, Fla. Tampa, Fla.	84 78	62 50	13 14	3 8	1	5 2	2 5
Somerville, Mass.	11	7	3	-	1	-	1	Washington, D.C.	188	96	50	30	8	4	4
Springfield, Mass.§ Waterbury, Conn.	41 31	31 23	8 5	1	1	1	4	Wilmington, Del.	24	18	4	2	•	-	1
Worcester, Mass.	52	40	8	3		i	2	E.S. CENTRAL	764	506	147	51	25	35	39
MID. ATLANTIC	2,601	1,635	507	300	81	75	143	Birmingham, Ala. Chattanooga, Tenn.	139 60	84 43	18 14	15 2	7	15	3 5
Albany, N.Y.	46	36	7	2	1	-	1	Knoxville, Tenn.	60	43	9	2	1	5	7
Allentown, Pa.	16 101	12 71	3 20	1 5	4	1	14	Louisville, Ky.	139	92	31	9	3	4	5
Buffalo, N.Y. Camden, N.J.	33	21	6	3	3		14	Memphis, Tenn. Mobile, Ala.	143 57	84 42	27 11	12 3	10	10 1	9
Elizabeth, N.J.	39	27	8	3	1	-	4	Montgomery, Ala.	38	30	7	1	-	-	4
Erie, Pa.† Jersey City, N.J.	51 80	29 34	14 13	3 7	2	3 26	7 2	Nashville, Tenn.	128	88	30	7	3	-	6
N.Y. City, N.Y.	1,447	885	298	196	43	25	54	W.S. CENTRAL	1,813	1,078	393	209	69	64	61
Newark, N.J.	78	32	17	18	4	4	6	Austin, Tex. Baton Rouge, La.	68 48	39 31	15 10	8 4	3	3	2 1
Paterson, N.J. Philadelphia, Pa.	28 244	18 148	7 47	3 33	12	4	1 19	Corpus Christi, Tex.	41	25	12	2	-	2	1
Pittsburgh, Pa.†	60	46	9	1	2	ž	7	Dallas, Tex.	251	141	52	35	11	12	9
Reading, Pa.	25	21	3	1	:	-	4	El Paso, Tex. Fort Worth, Tex	74 116	47 61	16 22	7 14	3 7	1 12	4 5
Rochester, N.Y. Schenectady, N.Y.	119 29	89 23	18 4	6	1	5 1	11	Houston, Tex.§	734	436	169	89	24	16	18
Scranton, Pa.†	30	24	3	1	1	1	3	Little Rock, Ark.	66	43		3	3	4 2	3
Syracuse, N.Y.	104	67	19	11	5	2	5 2	New Orleans, La. San Antonio, Tex.	80 194	46 119		14 19	6 8	6	8
Trenton, N.J. Utica, N.Y.	24 21	15 17	6 2	1 2	1	1	1	Shreveport, La.	45	26	9	7	2	1	1
Yonkers, N.Y.	26	20	3	3	-	-	i	Tulsa, Okla.	96	64		7	2	2	9
E.N. CENTRAL	2,274	1,500	473	170	55	76	105	MOUNTAIN	722	435	141	76	39	30	35 9
Akron, Ohio	60	40	11	5	1	3	5	Albuquerque, N. Me: Colo. Springs, Colo.	x. 89 46	55 28		12 6	8	3 1	4
Canton, Ohio Chicago, III.§	26 564	14 362	12 125	45	10	22	6 16	Denver, Colo.	128	71	28	18	6	5	6
Cincinnati, Ohio	122	78	26	13	3	2	7	Las Vegas, Nev.	104	58	27	7	7	4	5 2
Cleveland, Ohio	153	105	35	6	2	5	5	Ogden, Utah Phoenix, Ariz.	26 170	24 96		20	11	9	2
Columbus, Ohio Davton, Ohio	83 118	49 77	16 32	10 4	3 1	5 4	2 6	Pueblo, Colo.	17	13		2	-	1	1
Dayton, Onio Detroit, Mich.	286	169	57	35	13	12	9	Salt Lake City, Utah	45	23		5	5	5 1	6
Evansville, Ind.	41	34	4	2	:	1	3	Tucson, Ariz.	97	67	21	6	2		125
Fort Wayne, Ind.	80 14	51 10	16 3	8	3 1	2	1	PACIFIC Berkeley, Calif.	1,957 24	1,250 13		236 4	59	62	125
Gary, Ind. Grand Rapids, Mich.	69	53	11	2	3	-	8	Fresno, Calif.	97	60	12	15	6	4	16
Indianapolis, Ind.	182	117	40	11	5	9	4	Glendale, Calif.§	25	22		2	:	•	11
Madison, Wis.§ Milwaukee, Wis.	39 134	27 106	6 18	3 5	1	2	15	Honolulu, Hawaii Long Beach, Calif.	73 91	50 57	15 17	7 12	1	4	10
Peoria, III.	36	26	8	1	1	-	-	Los Angeles Calif.§	514	307	97	71	22	11	17
Rockford, III.	53	33	14	4	-	2	6	Oakland, Calif.	72	42	8	12	2	8	4
South Bend, Ind. Toledo, Ohio	52 113	36 79	8 22	7 5	4	1	2 6	Pasadena, Calif. Portland, Oreg.	28 117	20 84	3 18	3 9	2 1	5	7
Youngstown, Ohio	49	34	9	4	i	1	ĭ	Sacramento, Calif.	163	104	36	11	6	6	15
W.N. CENTRAL	894	620	161	62	30	21	51	San Diego, Calif.	154	98	27	20	5	3 8	11 7
Des Moines, Iowa	60	34	17	3	3	3	3	San Francisco, Calif. San Jose, Calif.	172 164	90 103		31 21	5 3	7	12
Duluth, Minn.	35 33	29 23	4	2 4	1	1	3 1	Seattle, Wash.	154	115	23	10	3	3	3
Kansas City, Kans. Kansas City, Mo.	33 117	23 84	21	8	2	ż	8	Spokane, Wash.	50	38	5	3	1	3	4 7
Lincoln, Nebr.	44	32	8	2	2	-	5	Tacoma, Wash.	59	47	6	5	1	404	
Minneapolis, Minn.	271 99	190	44 30	16 9	11 2	10 1	18 6	TOTAL	12,820 ^{††}	8,120	2,557	1,284	425	421	667
Omaha, Nebr. St. Louis, Mo.	140	57 102	17	11	7	3	4								
St. Paul, Minn.	56	42	7	4	2	1	1								
Wichita, Kans.	39	27	9	3	-	-	2	l							

^{*}Mortality data in this table are voluntarily reported from 121 cities in the United States, most of which have populations of 100,000 or more. A death is reported by the place of its occurrence and by the week that the death certificate was filed. Fetal deaths are not included. included.

^{**}Pneumonia and influenza.

^{**}rneumonia and initiuenza.

†Because of changes in reporting methods in these 3 Pennsylvania cities, these numbers are partial counts for the current week.

Complete counts will be available in 4 to 6 weeks.

††Total includes unknown ages.

⁵Data not available. Figures are estimates based on average of past available 4 weeks.

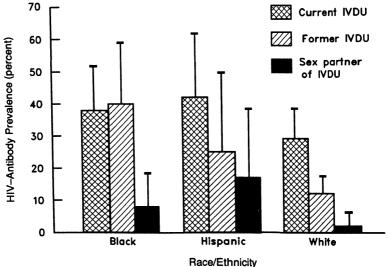
Project TRUST - Continued

TABLE 1. HIV-antibody prevalence and return visits for receipt of test results of Project TRUST clients, by sex, race/ethnicity, and risk-exposure group - Boston, November 1987-October 1988

Characteristic	No. te	sted (%)		eropositive ± S.E.*)	No. returning for results (%)		
Sex							
Male	434	(68)	80	(18 ± 2)	344	(79)	
Female	201	(32)	27	(13 ± 2)	159	(79)	
Race/ethnicity							
White	451	(71)	57	(13 ± 2)	371	(82)	
Black	118	(19)	32	(27 ± 4)	81	(69)	
Hispanic	61	(10)	18	(30 ± 6)	47	(77)	
Other	5	(1)	0		4	(80)	
Risk exposure group							
Current IVDU	165	(26)	54	(33 ± 4)	122	(74)	
Former IVDU	222	(35)	35	(16 ± 2)	182	(82)	
Sex partner of IVDU	102	(16)	5	(5 ± 2)	82	(80)	
Homosexual/bisexual male	14	(2)	3	(21 ± 11)	14	(100)	
No acknowledged risk factor	132	(21)	10	(8 ± 2)	103	(78)	
Total	635	(100)	107	(17 ± 1)	503	(79)	

^{*}Standard error.

FIGURE 1. HIV-antibody prevalence of Project TRUST clients, by race/ethnicity and risk exposure group*



^{*}Error bars indicate upper 95% confidence limits.

Project TRUST - Continued

name). The high percentage (79%) of IVDUs who returned for their test results indicates that HIV prevention measures can be effectively provided to IVDUs if services are tailored to the specific needs and circumstances of this high-risk group.

A constraint of anonymous testing is the inability to reach seropositive persons who fail to return. Project TRUST and other programs providing HIV testing must develop follow-up approaches to reach such clients.

To induce long-term changes in the behavior of IVDUs, ongoing counseling and education and access to drug treatment are necessary (2). IVDUs also need medical services such as detoxification programs and screening and therapy for tuberculosis (3) and STDs (4). Clinical evaluation of HIV-infected IVDUs should include T-cell phenotyping and, when indicated, prophylaxis against *Pneumocystis carinii* pneumonia (5). Local efforts such as Project TRUST and others (6) to provide IVDUs with HIV-antibody testing, counseling, and other services are important in directing efforts to a group accounting for an increasing percentage of HIV infections and AIDS cases.

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HIV Infection Reporting - United States

All 50 states and the District of Columbia require health-care providers to report new cases of acquired immunodeficiency syndrome (AIDS) to their state health departments. As of July 1989, 28 (56%) states also required reporting of persons infected with human immunodeficiency virus (HIV) (Figure 1). In addition, 10 states (as of May 1989) have proposals on reporting currently before their legislatures, governors, or voting constituencies.

The 28 states that require HIV infection reporting account for 45% of the U.S. population and 24% of U.S. AIDS cases reported as of June 30, 1989. States with HIV infection reporting had a lower median cumulative incidence of AIDS (388 AIDS cases per state or 14 cases per 100,000 population) than states without reporting (1244 AIDS cases per state or 31 cases per 100,000 population). Thirteen (46%) states with HIV infection reporting had >500 cumulative AIDS cases, compared with 14 (64%) states without reporting.

Reporting systems among the 28 states have been developed independently and illillillherefore vary widely in methodology and information collected. In 21 (75%) states, reconceporting is the responsibility of both the physician caring for the patient and the

HIV Infection Reporting - Continued

laboratory that tested the patient's blood for HIV antibody. In five (18%) states, reporting is the physician's responsibility alone, and in two (7%) states, it is the laboratory's responsibility alone. Twenty (71%) states require a positive result on a supplemental test (Western blot or immunofluorescence assay) in addition to a repeatedly reactive enzyme immunoassay (EIA) before a patient is reported; three (11%) states will accept reports on patients repeatedly reactive on EIA: five (18%) states will accept reports on patients reactive on an initial EIA. All states, however, recommend supplemental testing before patient follow-up or initiation of partner notification procedures.

Eighteen (64%) of the 28 states require HIV reporting by patient's name (Figure 1); however, under certain circumstances, 10 of the 18 states permit anonymous testing and therefore do not receive names on some reports. Most states request basic demographic data, and more than half request HIV risk information. Twelve (43%) collect clinical information, e.g., eight (29%) ask whether the patient was symptomatic, and four (14%) collect sufficient information to allow use of the CDC HIV infection classification system (1).

Reported by: State and territorial health departments. AIDS Program, Center for Infectious Diseases, CDC.

Editorial Note: HIV infection reports are useful in directing HIV-related prevention activities such as patient counseling, partner notification, and referral for appropriate medical management (e.g., evaluation for prophylaxis against Pneumocystis carinii pneumonia [2]). Reporting of HIV-infected persons may enable earlier recognition of persons with or at risk for HIV infection and earlier interventions to prevent further spread of HIV. Recent guidelines for initiation of therapy in some HIV-infected persons emphasize the need for identifying persons who need treatment before the diagnosis of AIDS is made (2). HIV infection reports are also useful for guiding pediatric medical and social support programs, including programs for infants whose infection status may remain undetermined until they are ≥15 months of age (3). Prevention activities and medical management of patients can be carried out without requiring HIV

With Names Without Names No Reporting

FIGURE 1. States with required HIV infection reporting - United States, July 1989

HIV Infection Reporting - Continued

infection reporting (4), but a reporting system can provide a framework for maintaining these activities.

HIV infection reports that are now integral to public health programs in many states are not anticipated to be representative of all HIV-infected persons. Such reports represent only those persons within the infected population who are tested and reported at a given time. Testing and reporting may be influenced by factors other than the incidence and prevalence of AIDS, e.g., public awareness of risk factors, confidentiality concerns, and testing accessibility. While HIV infection reports complement other HIV/AIDS studies of HIV infection in a community (5,6), AIDS surveillance and the HIV family of surveys (7) remain the basis for determining the current status and course of HIV infection in the United States.

In February 1989, CDC conducted a workshop for all states that had had HIV infection reporting for at least 1 year and selected states that had initiated reporting more recently or were considering initiating reporting. The workshop addressed standardization of HIV infection reports to increase their usefulness and to enable a comparison of results between states. Participants developed recommendations for states with HIV infection reporting (Table 1) and affirmed the continued need for AIDS surveillance and HIV serosurveys.

TABLE 1. Recommended elements* of HIV infection reporting

- States requiring reports of HIV infection with or without personal identifiers should collect a minimum set of information to allow comparison of data beyond the state level. Reports should be collected in a manner that allows repeat positive reports to be excluded.
- Data collected for HIV infection reporting (e.g., risk factor) should be consistent with data collected for other HIV activities such as AIDS case reporting and results from counseling and testing sites.
- HIV infection reporting should be accompanied by appropriate safeguards for confidentiality to protect the individual and to reduce the potential negative impact on participation in voluntary counseling and testing activities.
- 4. CDC should collect summary data without personal identifiers and disseminate on a regular basis a minimum set of data from states with mandatory and voluntary reporting of HIV infection. These data should include age, sex, race/ethnicity, state of residence, and if possible, transmission category and clinical status. These data should include only reports on persons with appropriate supplemental testing. A concerted attempt should be made to exclude repeat positives. The data should be reported in a standardized format to allow comparisons over time and between areas; however, distinctions in methodology by state (e.g., reporting with or without names) should be carefully noted.
- 5. HIV infection reporting should not interfere with AIDS case reporting or seroprevalence surveys. AIDS case reporting and seroprevalence surveys should be the primary means by which trends in incidence of HIV infection in the United States are followed.
- HIV infection reporting needs to be evaluated rigorously to determine its usefulness in prevention programs and in monitoring trends. This evaluation should be conducted jointly by the states and CDC.

^{*}Developed by participants from the Workshop on Standardization of HIV Infection Reporting held February 8–9, 1989, in Atlanta. The participants represented the following states: Alabama, Arizona, Colorado, Georgia, Idaho, Kentucky, Maine, Minnesota, Missouri, New Jersey, Oklahoma, Oregon, Rhode Island, South Carolina, Texas, and Wisconsin.

HIV Infection Reporting - Continued

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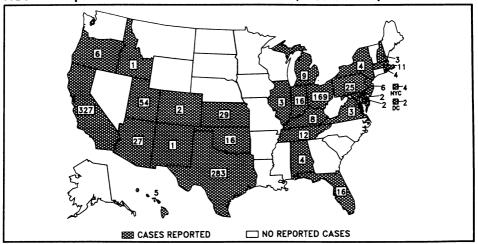
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Notice to Readers

Announcement of "Epidemiology in Action" Course

CDC and Emory University will cosponsor a course in the practical application of epidemiology to public health problems directed at practicing state and local health department professionals. The course, "Epidemiology in Action," will be held at CDC November 6–17, 1989, and will comprise lectures, workshops, classroom exercises including working through actual epidemiologic problems, discussions, and a community telephone survey. There will be a continuing education fee for all participants. Applications must arrive at the Division of Public Health, Emory University, by August 25, 1989. For further information and/or an application form, contact: Philip S. Brachman, M.D., Emory University, Division of Public Health, 1599 Clifton Road, N.E., Atlanta, GA 30329; telephone (404) 727-0199.

FIGURE I. Reported measles cases — United States, weeks 24-27, 1989



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The data in this report are provisional, based on weekly reports to CDC by state health departments. The reporting week concludes at close of business on Friday; compiled data on a national basis are officially released to the public on the succeeding Friday. The editor welcomes accounts of interesting cases, outbreaks, environmental hazards, or other public health problems of current interest to health officials. Such reports and any other matters pertaining to editorial or other textual considerations should be addressed to: Editor, Morbidity and Mortality Weekly Report, Centers for Disease Control, Atlanta, Georgia 30333; telephone (404) 332-4555.

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